

# 10 Signs that Families Need Help

1. The primary caregiver is suffering from burnout, ill health, frustration, guilt or confusion.
2. Family members are confused about care options, what to do next, or where to get help.
3. The elder was recently diagnosed with Cancer, Alzheimer's disease, or another chronic condition.
4. The elder is ill or disabled, and their children live out of town.
5. The elder has experienced a catastrophic event such as a fall, medication mistake, or accident.
6. Family members have discovered the elder wandering, malnourished, dehydrated, or unable to provide self care.
7. The elder suffered a medical event such as a stroke or heart attack.
8. Elder is expressing worries about paying for long-term care in the future.
9. Children are voicing concerns about a parent's debilitating diagnosis.
10. The elder is hospitalized and the family has been told that returning home is not an option.



LIFE PLANNING LAW FIRM P.A.  
*Elder Law & Estate Planning*

**(941) 914-6000**